

Sure, here's a deep cleaning schedule for your entire house over a weekend:

## **Saturday:**

### **Morning: Kitchen**

- 8:00 AM - 9:30 AM: Empty and clean the refrigerator. Defrost if necessary.
- 9:30 AM - 11:00 AM: Clean the oven using a suitable cleaning solution.

### **Midday: Laundry**

- 11:30 AM - 1:30 PM: Gather all clothes that need washing. Start with whites, then move to colors.
- 2:00 PM - 4:00 PM: Fold and put away washed clothes.

### **Afternoon: Bedroom**

- 4:30 PM - 6:00 PM: Strip the bed and wash all bedding.

### **Evening:**

- 6:30 PM - 8:00 PM: Flip the mattress and remake the bed once the bedding is dry.
- 8:00 PM: Relax for the rest of the evening.

## **Sunday:**

### **Morning: Living Room**

- 8:00 AM - 10:00 AM: Deep clean the carpet. You might need to hire a carpet cleaner for this.
- 10:30 AM - 12:00 PM: Wipe down doors, door frames, and baseboards.

### **Afternoon: Outdoor Maintenance**

- 1:00 PM - 3:00 PM: Cut the grass and tidy up the yard.

### **Evening:**

- 3:00 PM onwards: Rest and relax after a hard weekend's work!

Please remember to take breaks as needed, stay hydrated, and don't push yourself too hard. It's a packed schedule, so feel free to adjust it as per your energy levels and needs.